

# Guidelines for Suspected Oral Restrictions

Beyond the Breast

## Functional Feeding Assessment

1

### IBCLC/SLP

Skilled in Oral assessment & restrictions  
Review of Symptoms- Parent & Infant/Child  
Referral for Care Team providers for WHOLE Body Care  
(Chiro/CST/Myofascial/Myofunctional/Dentist/ENT)



## Home Stretches & Bodywork

2

### Chiropractor/Osteopath/Myofascial Therapy

Personalized stretches / movements to aid in reducing overall structural tension & oral tension.  
Practice of recommended post frenectomy stretches



## Frenectomy/Frenulotomy

3

(NOTIFY IBCLC of Appt location/time)

### Knowledgeable Release Provider

Release of tethered oral tissues  
(Upper/Lower Lip, Tongue/Cheek Ties)

Dentist/ENT/sometimes

Pediatrician/Midwife

Should REQUIRE a functional oral assessment and whole body assessment  
Formally diagnose restrictions & release w/optimal timing



## Functional Feeding Re-Assessment

4

### IBCLC/SLP/Pediatrician Chiropractor/Osteopath/Myofascial Therapy

Follow Up Appointments w/ Care Team  
Reassessment of feeding  
Review of recommended stretches  
Review of healing process  
Continued home stretches & bodywork as needed  
Additional Appointments as needed

